Are you the Correct HEIGHT?

When you ride at the correct stirrup length for flat work your foot should not be below the elbows of the horse/pony.

It is important to ride a horse/pony that is the
correct size for your body not just your weight.

WHY?

- It will naturally be easier to ride as you will be in BALANCE
- You will ride better as you will not be compensating for being too tall
- It will help develop a correct seat & independent hands
- The overall impression will be balanced and look in harmony