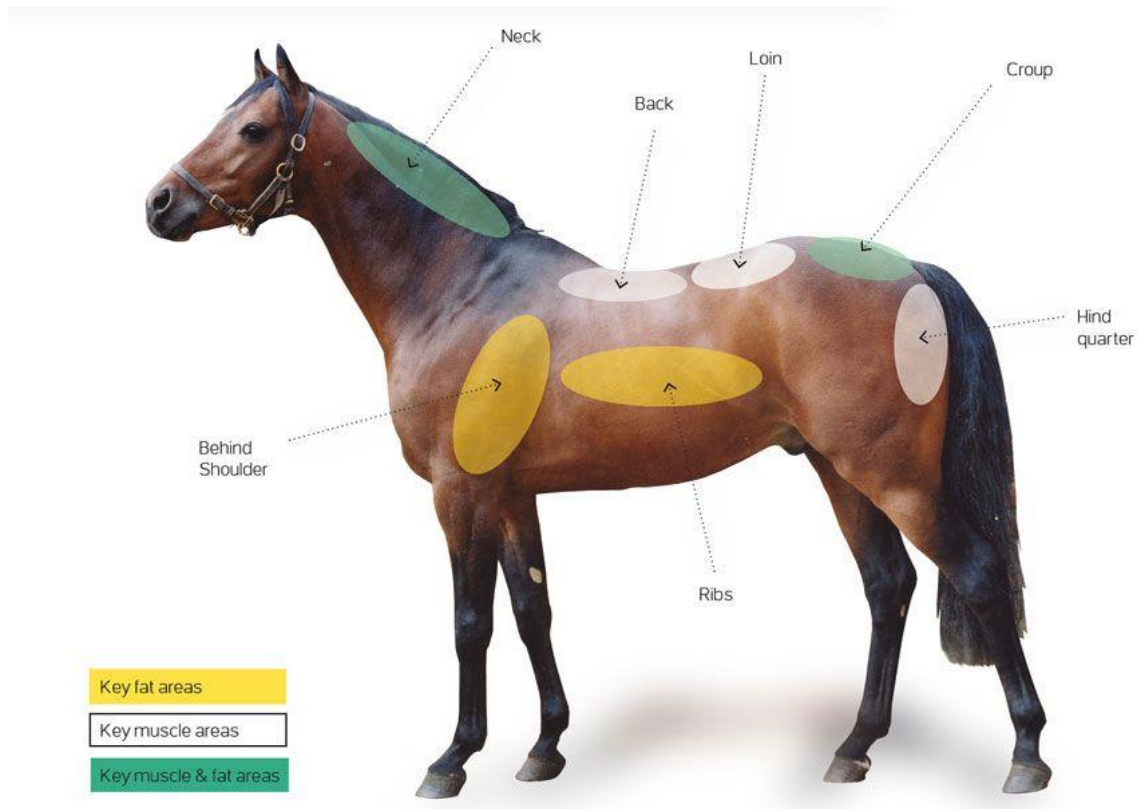




## SHOWING TIPS Feeding The Show Horse or Pony

Horses and ponies need work and feed to develop muscles in just the same way as humans.



Assess the Level of Work –

The first thing to establish before deciding on which products to feed is the level of work your horse/ pony will be doing.

- Does your horse/ pony live in or out?
- How often do you ride?
- How long do you ride for?
- What type of training and exercise do you do with your horse/ pony?
- Are you schooling several times a week?
- Do you intend to compete most weekends?
- What type of classes will you compete in?
- How far will you be travelling to compete?

Questions such as these are important to gain as much knowledge as possible so that you maintain a happy equine and pleasurable show horse/pony.

# The Showing REGISTER

Making Showing Affordable & Fun!



## LIGHT WORK

Horses in this category are exercised three or four times weekly for between 1-2 hours per day, incorporating walk, trot and canter, with some hill work probably included. Horses may also be in preparation for pleasure rides and lower level hunter trials, show jumping, dressage and showing.

\*\*\*Most show horses/ ponies would come under this category \*\*\*



## MODERATE WORK

Horses in this category participate in a near-daily, structured training programme. They may be competing at upper level affiliated dressage, show jumping and eventing. This sector would include 2-day eventing. Polo ponies, endurance horses and young racehorses undergoing breaking and training would fall into this category.



## HEAVY WORK

These horses will be training and competing at the peak of their physical capabilities. Racehorses on an active racing schedule, polo ponies or horses competing at three-day event level fit into this classification.



(information and images courtesy of [www.baileymhorsefeeds.co.uk](http://www.baileymhorsefeeds.co.uk))



Once you have established the level of work you will then need to consider the characteristics of your horse/ pony:

Excitable or fizzy?  
Laid back or lazy?  
Spooky?  
Good doer?  
Fussy eater?

Now you have assessed the level of work and characteristics, are there any nutritional issues which need to be managed such as -

Laminitis,  
Gastric ulcers,  
Typing up (also known as Monday Morning Disease or Setfast), Cushings disease?

Will you need a.....

**Grain Free diet?**

Does not include traditional uncooked cereal grains so is more suitable for horses who have a tendency to become excitable.

Or perhaps.....

**Non-heating?**

A feed which is less likely to produce excitable behaviour in some horses and ponies when fed at the recommended rate.

Now you have a list of your horse's/ pony's requirements and to answer any questions you may have contact **Baileys Horse Feeds** [www.baileyshorsefeeds.co.uk](http://www.baileyshorsefeeds.co.uk) who can offer you the nutritional advice you need to produce your show animal in tip top condition.



**\*\*\*EXTRA TIP\*\*\***

Always ensure the bulk of any feeding plan is fibre and fresh water is readily available. Fibre provides bulk for the healthy functioning of the horse's gut and is a source of slow release energy

If you have any questions, please contact us  
Email: [info@theshowingregister.co.uk](mailto:info@theshowingregister.co.uk). Telephone: 0844 8707392  
Facebook [www.facebook.com/TheShowingRegister](http://www.facebook.com/TheShowingRegister)